October

FLORA SENIOR CENTER - 115 N DIVISION FLORA CALL 574 967 3400 FOR ANY QUESTIONS OR TRANSPORTATION NEEDS

ALL ACTIVITIES OPEN TO THE PUBLIC FOR ANYONE 60 AND OVER

SILVER SNEAKERS @ CARROLL COUNTY COMMUNITY CENTER
M-W-F 9:30 TO 10:15 AM 574 967 4449

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			Milners'-Bingo w/Mandy 12:30		Start Christmas Puzzles	
5	6	7	8	9	10	11
	Decorate Pumpkins w/Lisa 12:30	Bible Study w/John 9am-10am			Milners'-Dessert w/Mandy 11:45	
12	13	14	15	16	17	18
	Columbus Day	Bible Study w/John 9am-10am Bingo-12:30 w/Lisa			11:30-Chili Soup w/crackers & peanut butter sandwiches Provided	
19	20	21	22	23	24	25
		Bible Study w/John 9am-10am St. Elizabeth-Bingo-12:30		Glasswater Creek-Lunch/Bingo Meal provided-11:30		
26	27	28	29	30	31	
	St. Elizabeth Food demo 11 am	Bible Study w/John 9am-10am			Halloween	

October 2025
Weekly Frozen

				1 5	BBQ Riblet Red Skin Potatoes Spinach HD Bun Fruit Milk	2 27	Salisbury Steak Mashed Potatoes Broccoli & Cauliflower Bread/Margarine Cookie Milk	3 11	Broccoli Cheddar Chicken Rice Pilaf Carrots Bread/Margarine Tropical Fruit Cup Milk
6 14	Ham Scalloped Potatoes Brussel Sprouts Bread/Margarine Pudding Cup Milk	7 16	Chicken w/Creamy Garlic Sauce Baby Bakers Asparagus Bread/Margarine Mixed Fruit Cup Milk	8 25	Hamburger Baked Beans Summer Squash/Zucchini HB Bun Jello Milk	9 23	Braised Chicken Breast Garlic Mashed Potatoes Beets Bread/Margarine Brownie Milk	10 B5	Sausage Gravy & Biscuit Diced Potatoes Apple Slices Milk
13 24	French Onion Chicken Baby Bakers Carrots Bread/Margarine Cookie Milk	14 4	Hotdog Potatoes Creamed Corn HD Bun Pineaapple Milk	15 13	Sloppy Joe Macaroni & Cheese Mixed Vegetables HB Bun Applesauce Milk	16 26	Chicken Alfredo Green Beans Spiced Peaches Bread Milk	17 21	BBQ Pork Baked Beans Broccoli HB Bun Snack Cake Milk
20 30	Shepherd's Pie w/Mashed Potatoes Broccoli Warm Spiced Apples Bread/Margarine Milk	21 B5	Sausage Patty Biscuit Gravy Tater Tots Fig Newton Milk	22 29	Boneless Chicken Wings W/Honey Mustard Sauce Scalloped Potatoes Baked Parmesan Zucchini Bread/Margarine Cookie Milk	23 18	Chicken & Noodles Mashed Potatoes Broccoli Bread/Mararine Mandarin Oranges Milk	24 28	Stuffed Pepper Casserole Sweet Potatoes Peas Bread/Margarine Peaches Milk
27 35	Maple Glazed Pork Macaroni & Cheese Green Beans Bread/Margarine Fruit Salad Milk	28 10	Chicken Patty Sweet Potato Cubes Fruit Crisp HB Bun Milk	29 36	BBQ Meatballs Rice Pilaf Italian Blend Bread/Margarine Pineapple Milk	30 37	Swiss Mushroom Burger Tater Tots Corn HB Bun Pears Milk	31 7	Country Fried Steak Garlic Mashed Potatoes California Blend Bread/Margarine Pudding Milk

Note: We do not discriminate as to race, sex, or national origin... Menus are subject to change due to the availability of food product.

This menu is provided by Mid-Land Meals, Inc. It will only meet state guidelines if recommended recipes and products are used.